

# Introduction to Life Cycle Assessment



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# SUSTAINABLE DEVELOPMENT



***«Development that meets the needs of the present without compromising the ability of future generations to meet their own needs»***

Brundtland Conference, 1987



Sustainability  
in R&D phases

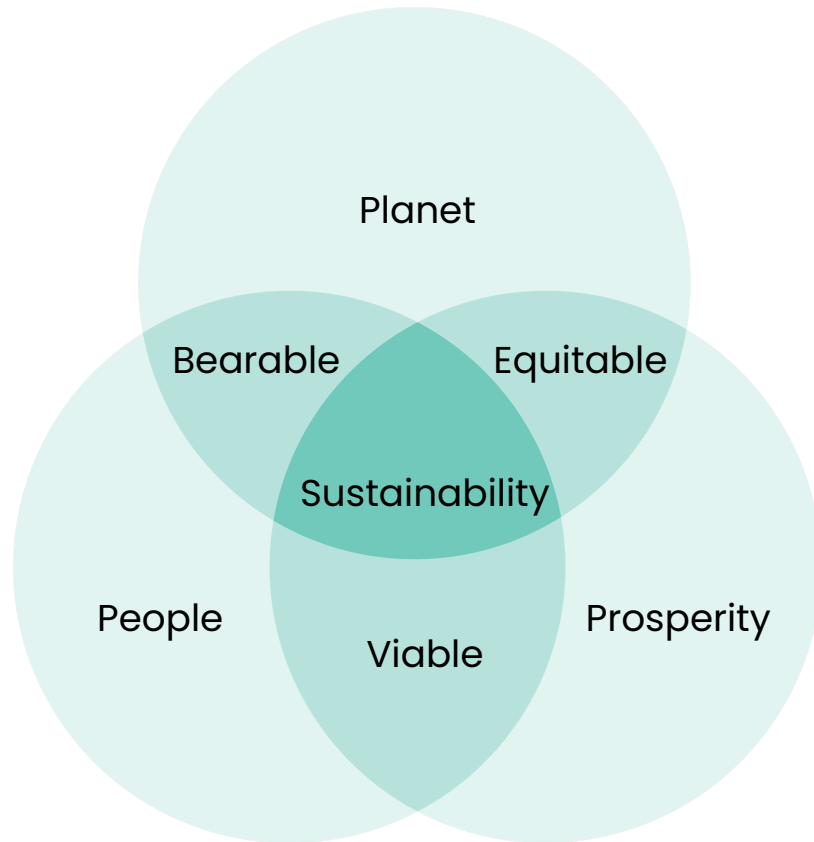


Sustainable  
products /  
processes



Sustainable  
development

# SUSTAINABLE DEVELOPMENT



The concept of sustainability is therefore extended not only to the **environmental** dimension, but also to the **economic and social** one, that define the **3 pillars** of sustainability.

This implies a **holistic approach** in the sustainability assessment challenge

# SUSTAINABLE DEVELOPMENT

On September 25, 2015, 193 ONU member countries adopted the **Agenda 2030** for Sustainable Development, which serves as a global strategy for a transition to a better and more equitable future for all.



Source: <https://www.un.org/sustainabledevelopment/>

The content of this publication has not been approved by the United Nations and does not reflect the views of the United Nations or its officials or Member States.

The Agenda 2030 recognizes the close link between human well-being, the health of natural systems and the presence of common challenges for all countries.

From these challenges are defined the **17 Sustainable Development Goals (SDGs)** declined into 169 targets.

# SUSTAINABLE DEVELOPMENT

The **Sustainable Development Goals** aim to address a wide range of economic and social development issues, which include **poverty, hunger, the right to health and education, access to water and energy, jobs, inclusive and sustainable economic growth, climate change and environmental protection, urbanization, production and consumption patterns, social and gender equality, justice and peace.**



Source: <https://www.un.org/sustainabledevelopment/>

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# Sustainability: Can we measure it?

# HOW TO MEASURE SUSTAINABILITY?

To **measure** are necessary:

**1**

Unit of  
measurement

**2**

Measuring tool

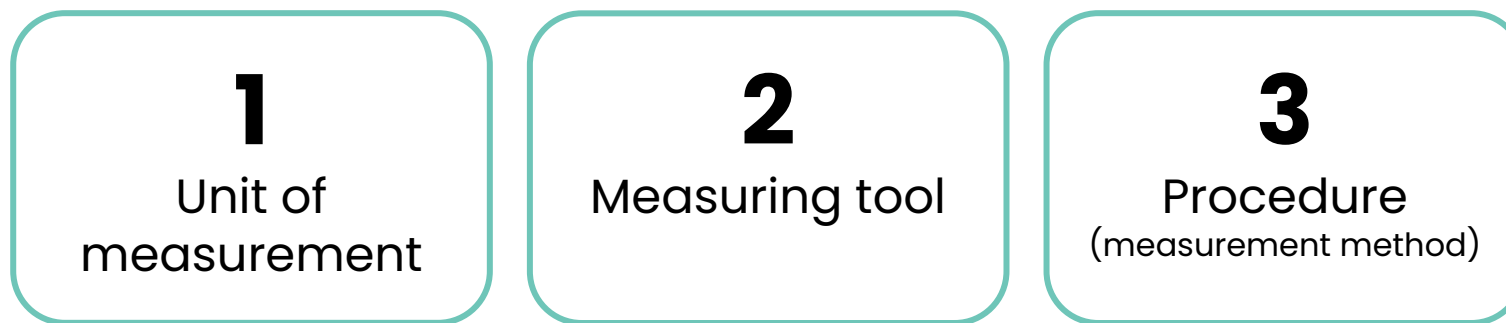
**3**

Procedure  
(measurement method)



# HOW TO MEASURE SUSTAINABILITY?

To **measure** are necessary:



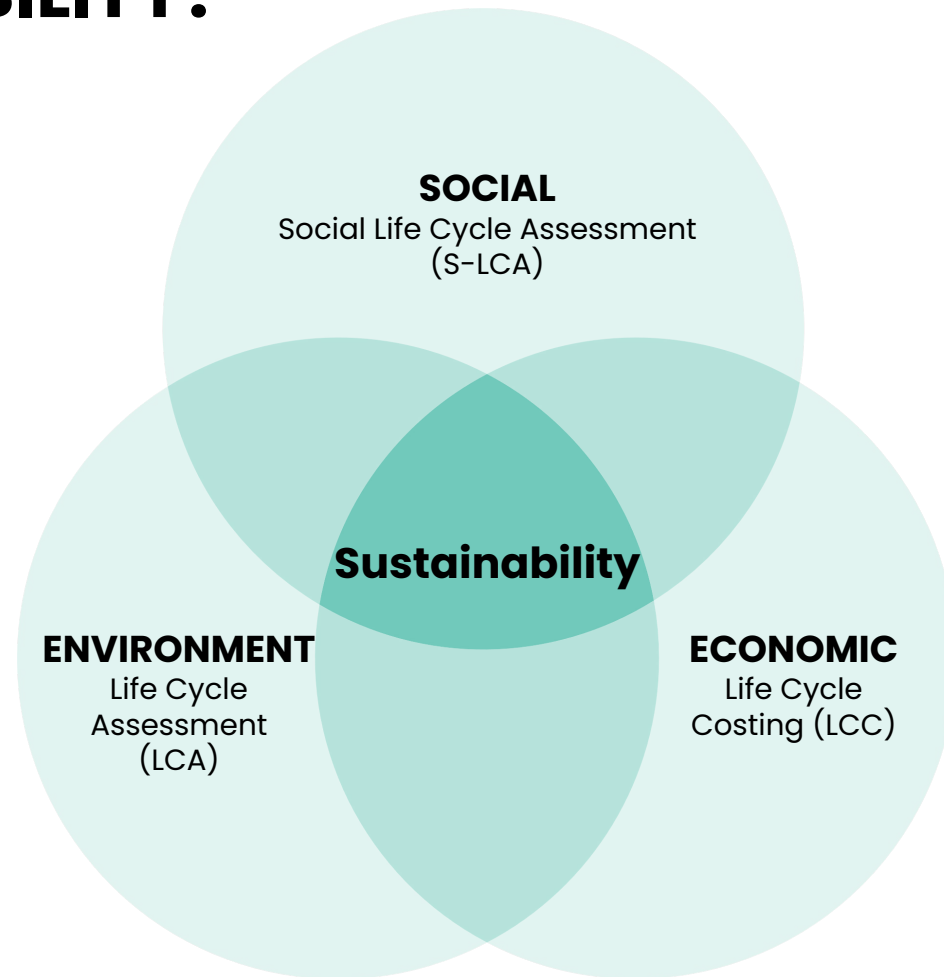
**Life Cycle  
Thinking**



# HOW TO MEASURE SUSTAINABILITY?

## Life Cycle Thinking

is a **holistic methodological approach to define the sustainability of a product/service** that requires moving beyond the traditional focus on the production phase and related manufacturing processes with the intent to **include all environmental, social and economic impacts generated throughout the entire life cycle.**



# HOW TO MEASURE SUSTAINABILITY?

## Environmental impacts:

- Life Cycle Assessment – **LCA**, ISO 14040-44
- Carbon footprint – **CFP**, ISO 14067

## Economic:

- Life Cycle Costing – **LCC**

## Social:

- Social Life Cycle Assessment – **S-LCA**, ISO 14075



# LCA METHODOLOGY

LCA allows to evaluate the **environmental impacts** of a product, process or service through every single stage of their life cycle.

# LCA METHODOLOGY

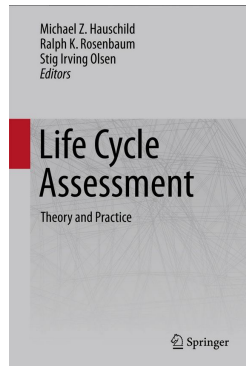
LCA allows to evaluate the **environmental impacts** of a product, process or service through every single stage of their life cycle.



## ISO STANDARDS

LCA analysis is performed in accordance to specific ISO standards:

- **ISO 14040:2006** – Principles and framework
- **ISO 14044:2006** – Requirements and guidelines

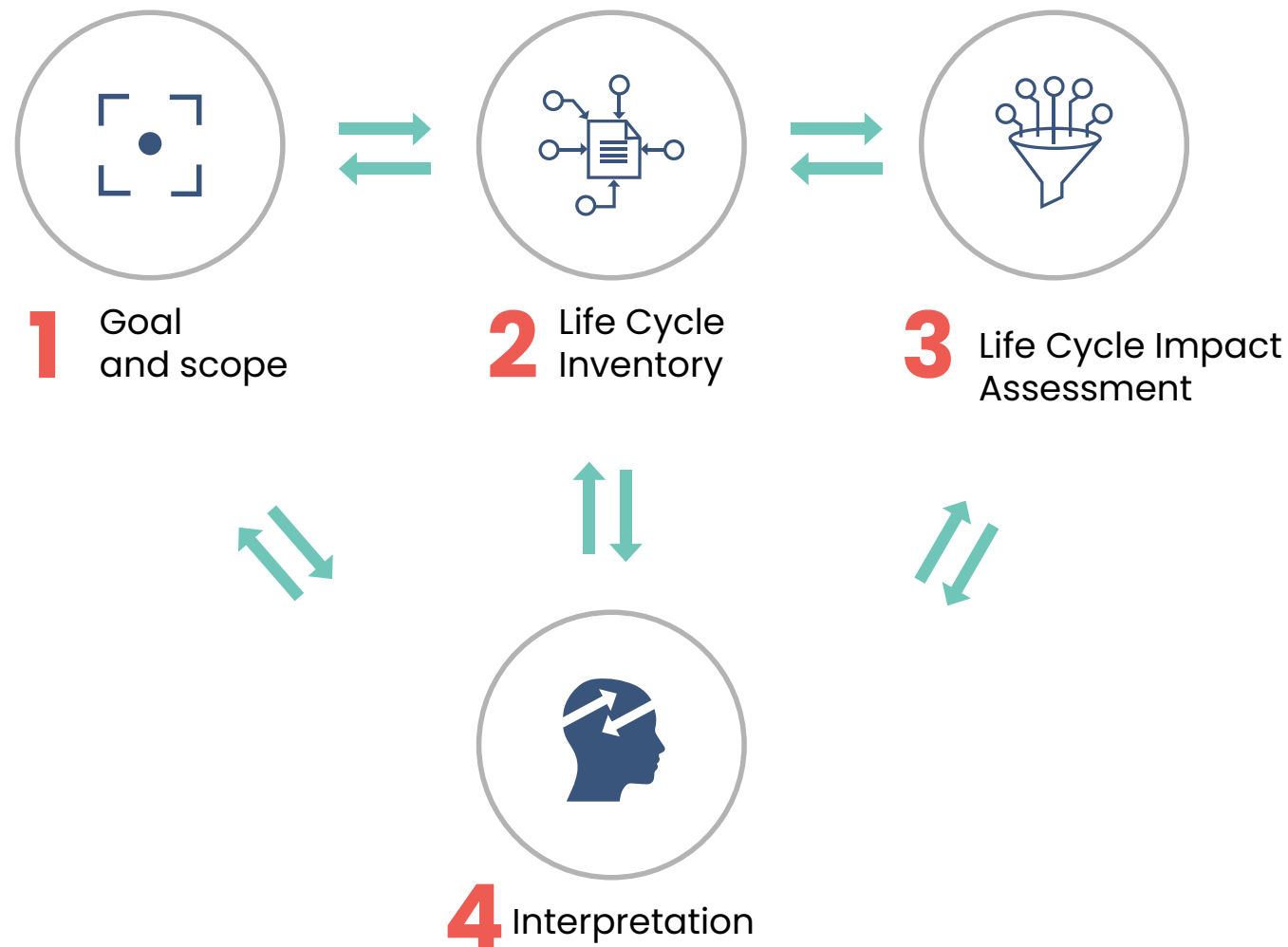


Hauschild, M.Z., Rosenbaum, R.K., Olsen, S.I. (Eds.), 2018. Life Cycle Assessment: Theory and Practice. Springer International Publishing, Cham. <https://doi.org/10.1007/978-3-319-56475-3>

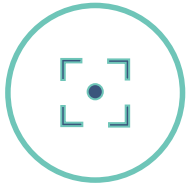
# LCA METHODOLOGY

## THE METHODOLOGY

LCA analysis must be conducted in **4 phases**:



# LCA METHODOLOGY

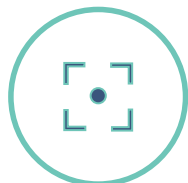


## GOAL AND SCOPE

To be defined:

- The **reason** why we are performing LCA
- Intended audience
- The reference unit that we analyse □ called **FUNCTIONAL UNIT**
- The **system boundary** of the analysis
- Assumptions, exclusions and justification

# LCA METHODOLOGY



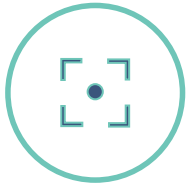
## GOAL AND SCOPE

### FUNCTIONAL UNIT:

is a quantified description of the performance requirements that the **“product system”** fulfils.



# LCA METHODOLOGY



## GOAL AND SCOPE

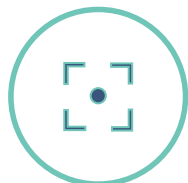
### FUNCTIONAL UNIT:

is a quantified description of the performance requirements that the **“product system”** fulfils.



- Product
- Process
- Service

# LCA METHODOLOGY



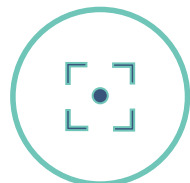
## GOAL AND SCOPE



### FUNCTIONAL UNIT: example for **shopping bags**

Aspect	Example
<b>"What"</b> (function(s) or service(s) provided)	Carrying of shopping from supermarket to home
<b>"How much"</b> (extent of the function or service provided)	An average volume of 22 litres and an average weight of 12kg of purchased goods
<b>"How well"</b> (expected level of quality of the function or service)	Without tearing, puncturing and excessively deforming during the shopping trips
<b>"How long"</b> (duration of the function or service/product lifetime)	A minimum of 10 times/trips
<b>"Where"</b> (location/geography of the function or service)	In the entire EU-28 market
<b>"For whom"</b> (beneficiary of the function or service)	By the entirety of consumers

# LCA METHODOLOGY

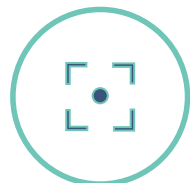


## GOAL AND SCOPE

### TECHNICAL (or declared) UNIT:

- a glass bottle of 1l volume
- 100 g of CuO NPs
- 1 h of membrane filtration process at speed of 1 m<sup>3</sup> / min

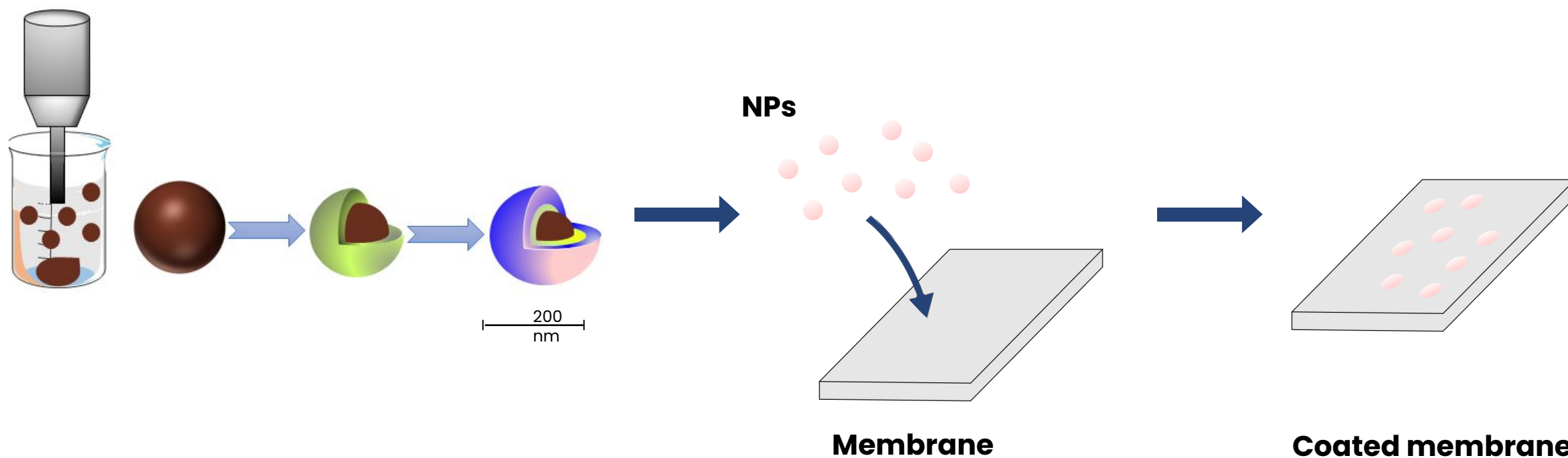
# LCA METHODOLOGY



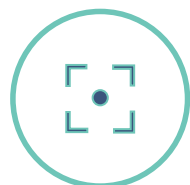
## GOAL AND SCOPE

### Process scheme – Flow charts

(example: production of a water filtration membrane coated with NPs)

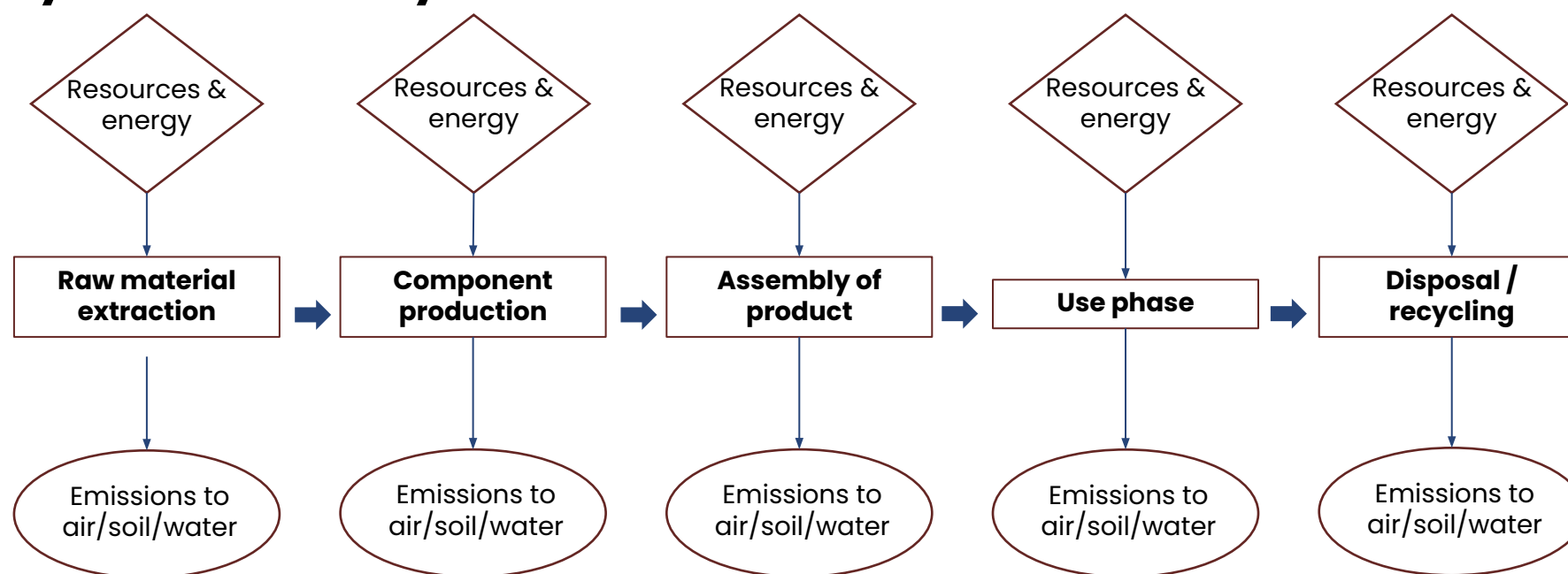


# LCA METHODOLOGY

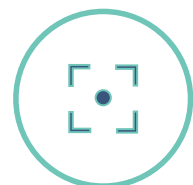


## GOAL AND SCOPE

### System boundary

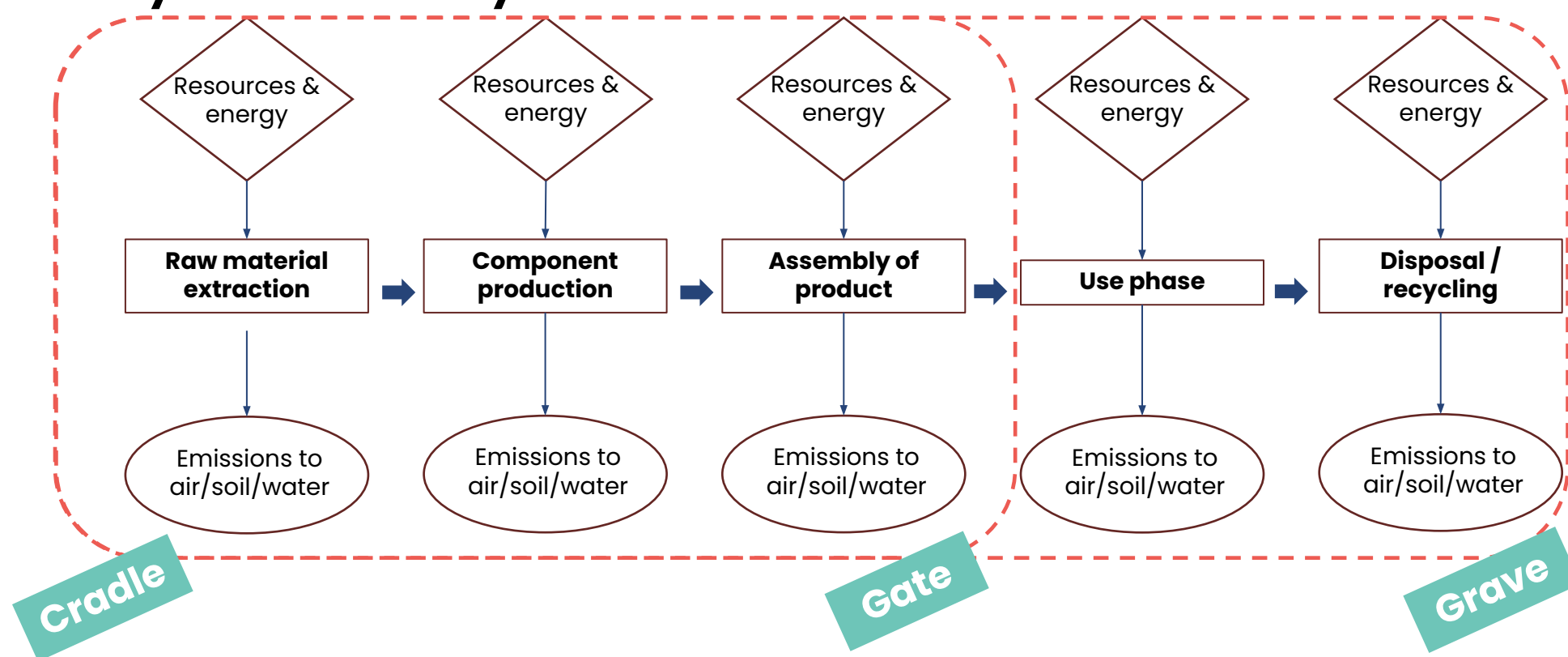


# LCA METHODOLOGY

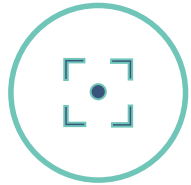


## GOAL AND SCOPE

### System boundary

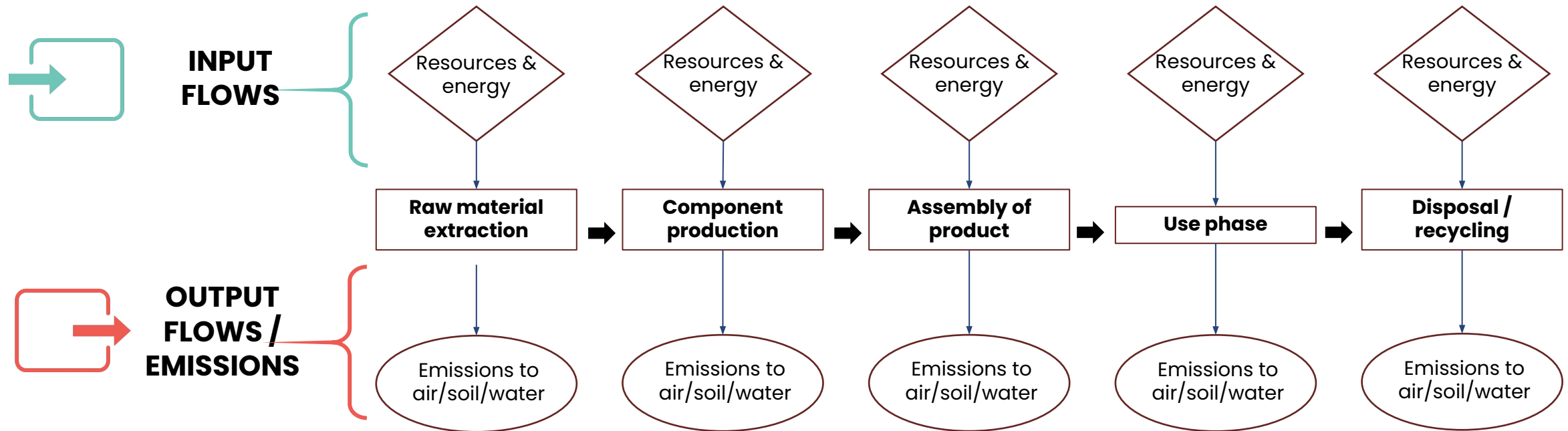


# LCA METHODOLOGY

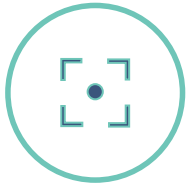


## GOAL AND SCOPE

### System boundary

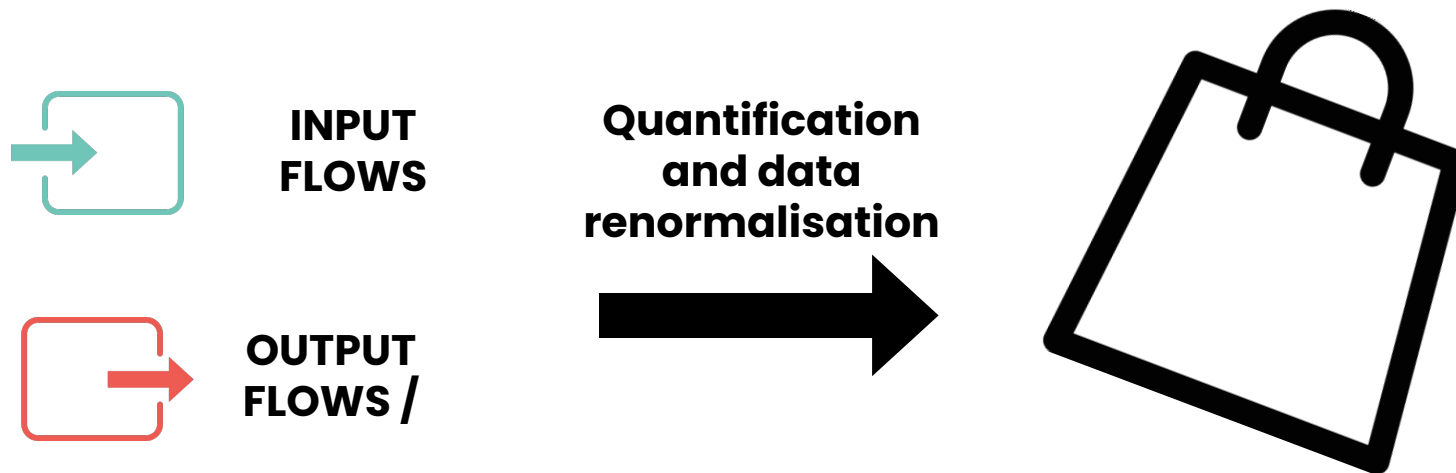


# LCA METHODOLOGY



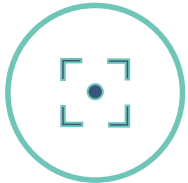
## INVENTORY ANALYSIS PHASE

**Input and output flows** to obtain at the end of the process the quantity of the product defined in the Functional Unit.





# LCA METHODOLOGY



## INVENTORY ANALYSIS PHASE



**DATA COLLECTION:** Through detailed **questionnaires**.



**INPUT  
FLOWS**



**OUTPUT  
FLOWS /**



For each phase of the process it is necessary to collect and weigh data:

- type / quantity of incoming materials
- energy consumed
- waste produced
- etc.

# LCA METHODOLOGY



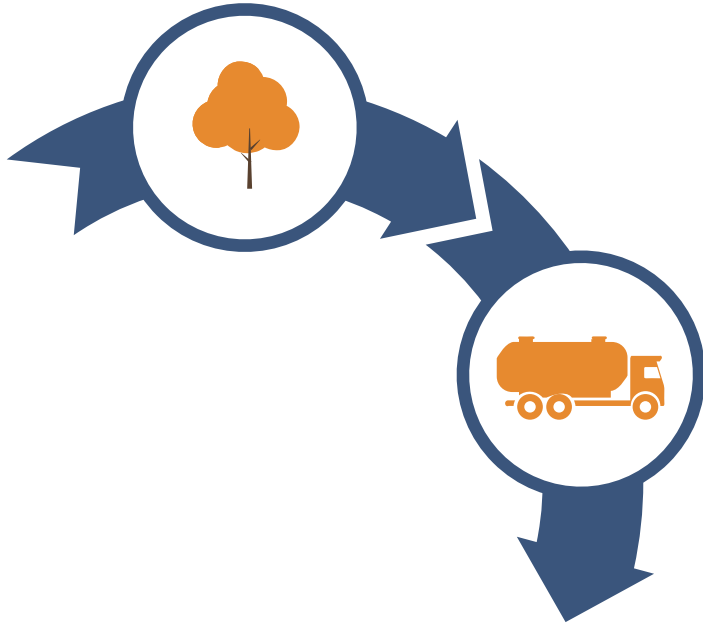
## LIFE CYCLE STAGES to consider

### 1) Raw materials extraction

To produce products, machines, devices.



# LCA METHODOLOGY



## LIFE CYCLE STAGES to consider

### 2) Transportation\*

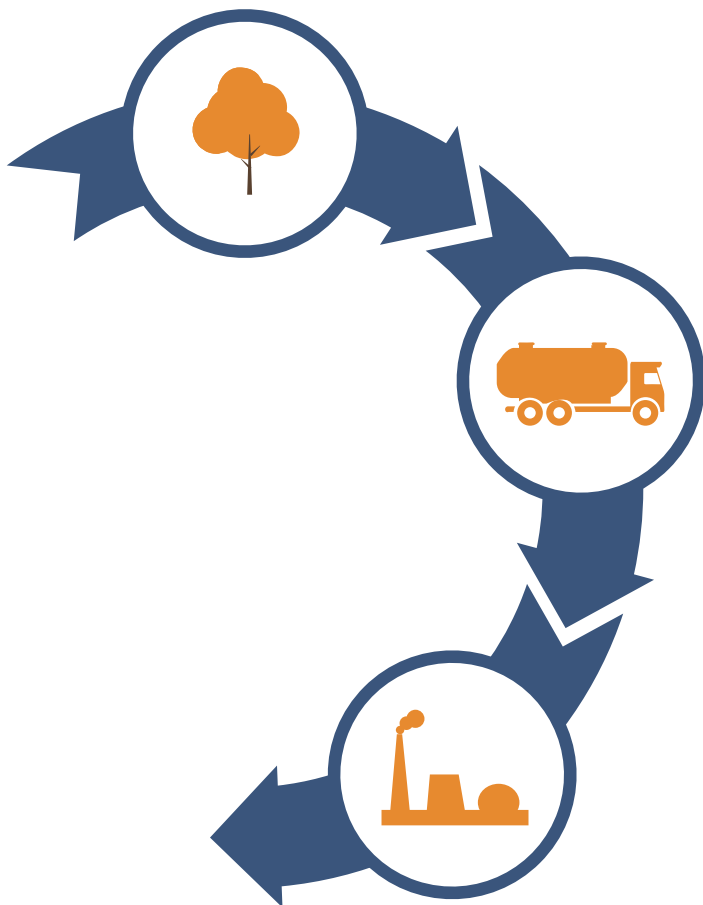
Ex. transport of raw materials, product distribution, final disposal.

- Distance – km
- Transported weight – kg
- Means of transport:



*\*Transportation may occur several times during the life cycle of a product!*

# LCA METHODOLOGY



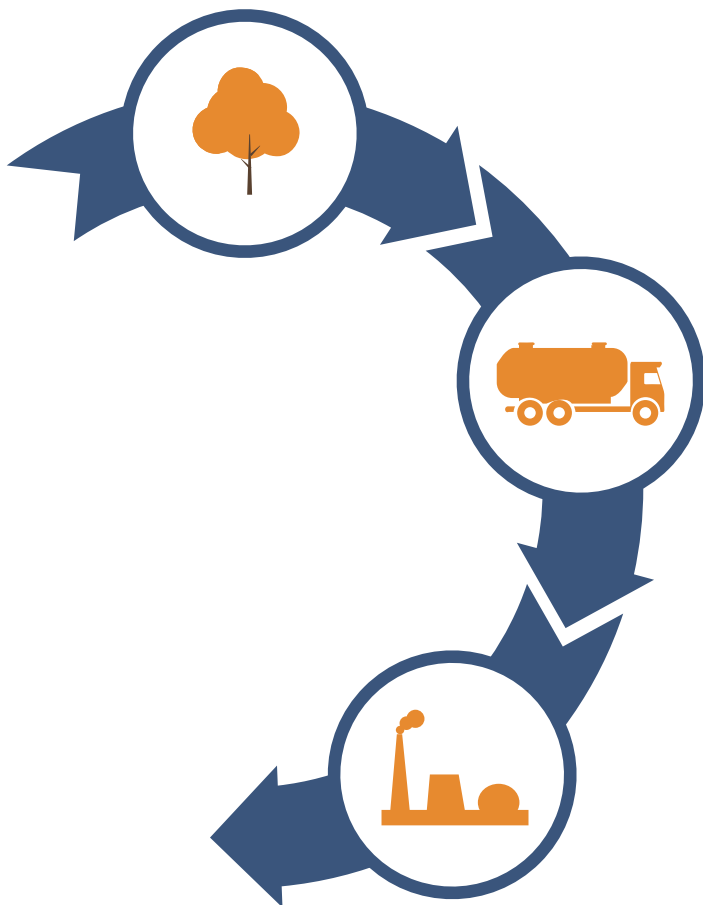
## LIFE CYCLE STAGES to consider

### 3) Production

It considers energy, water, packaging, emissions, waste.



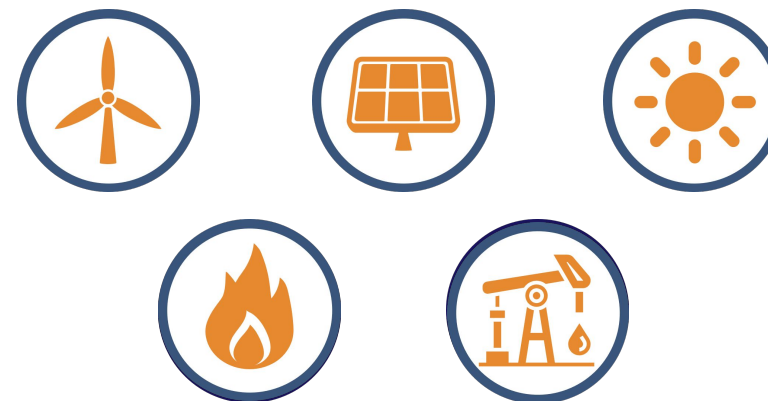
# LCA METHODOLOGY



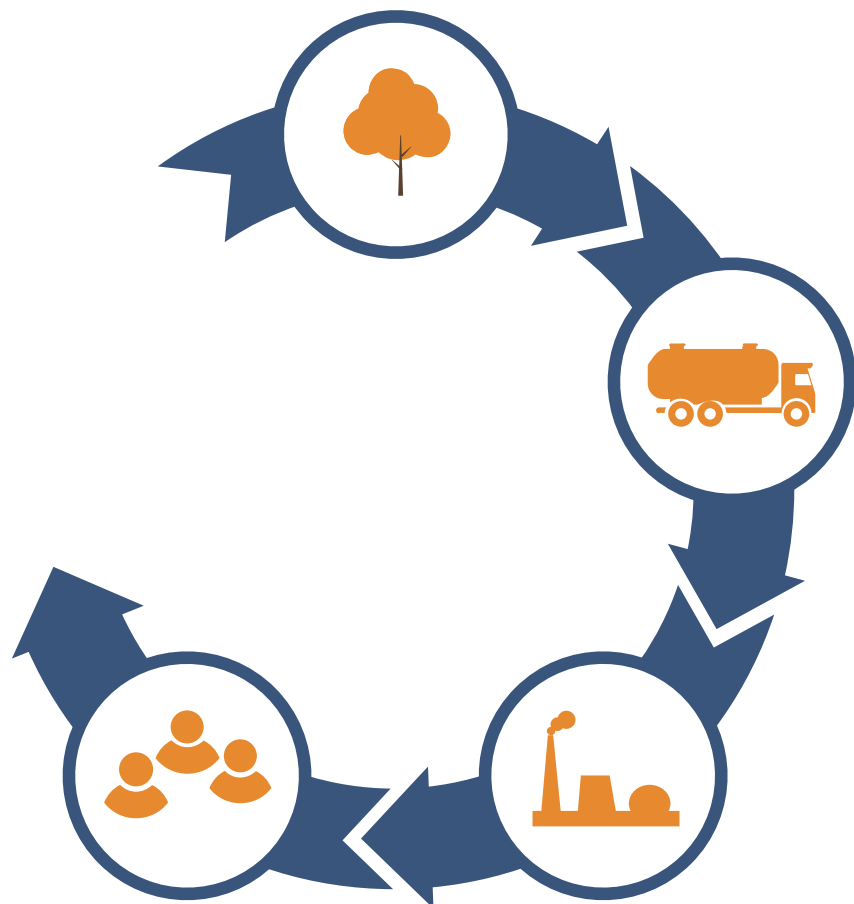
## LIFE CYCLE STAGES to consider

### 3) Energy sources:

- Renewable
- Non-renewable



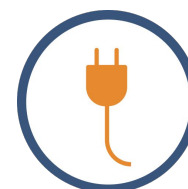
# LCA METHODOLOGY



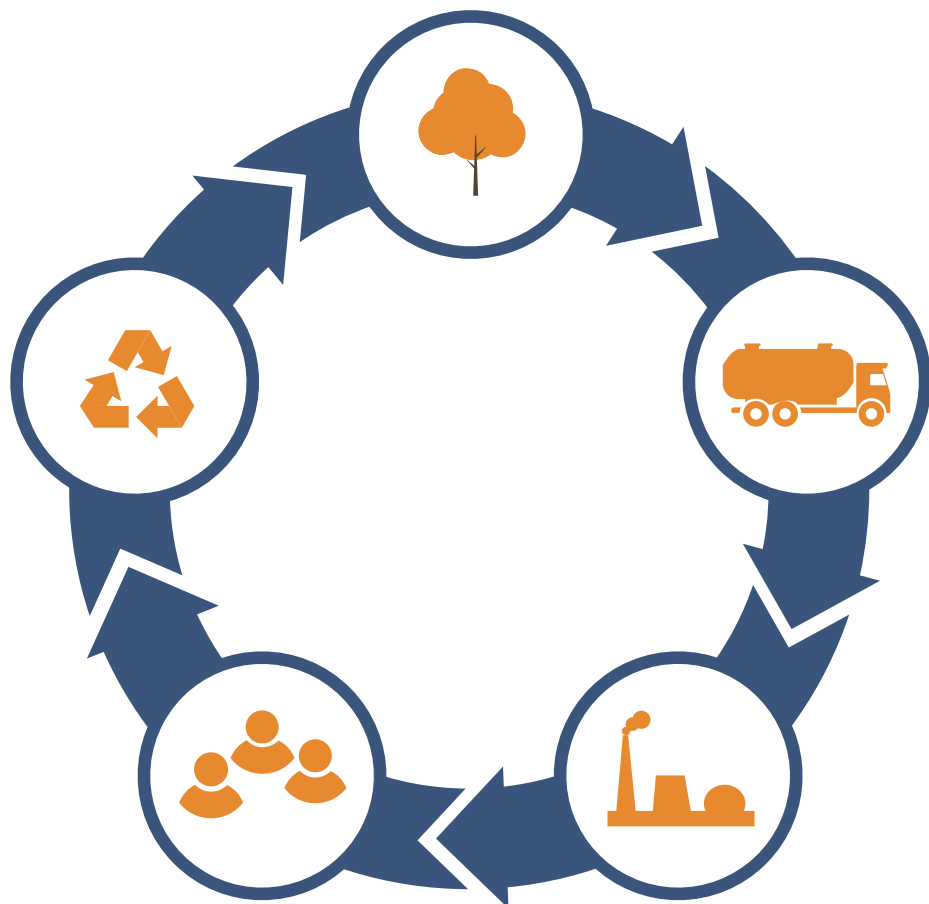
## LIFE CYCLE STAGES to consider

### 4) Use phase

Impact associated with the quantity of energy, water, fuel used.



# LCA METHODOLOGY



## LIFE CYCLE STAGES to consider

### 5) End of life

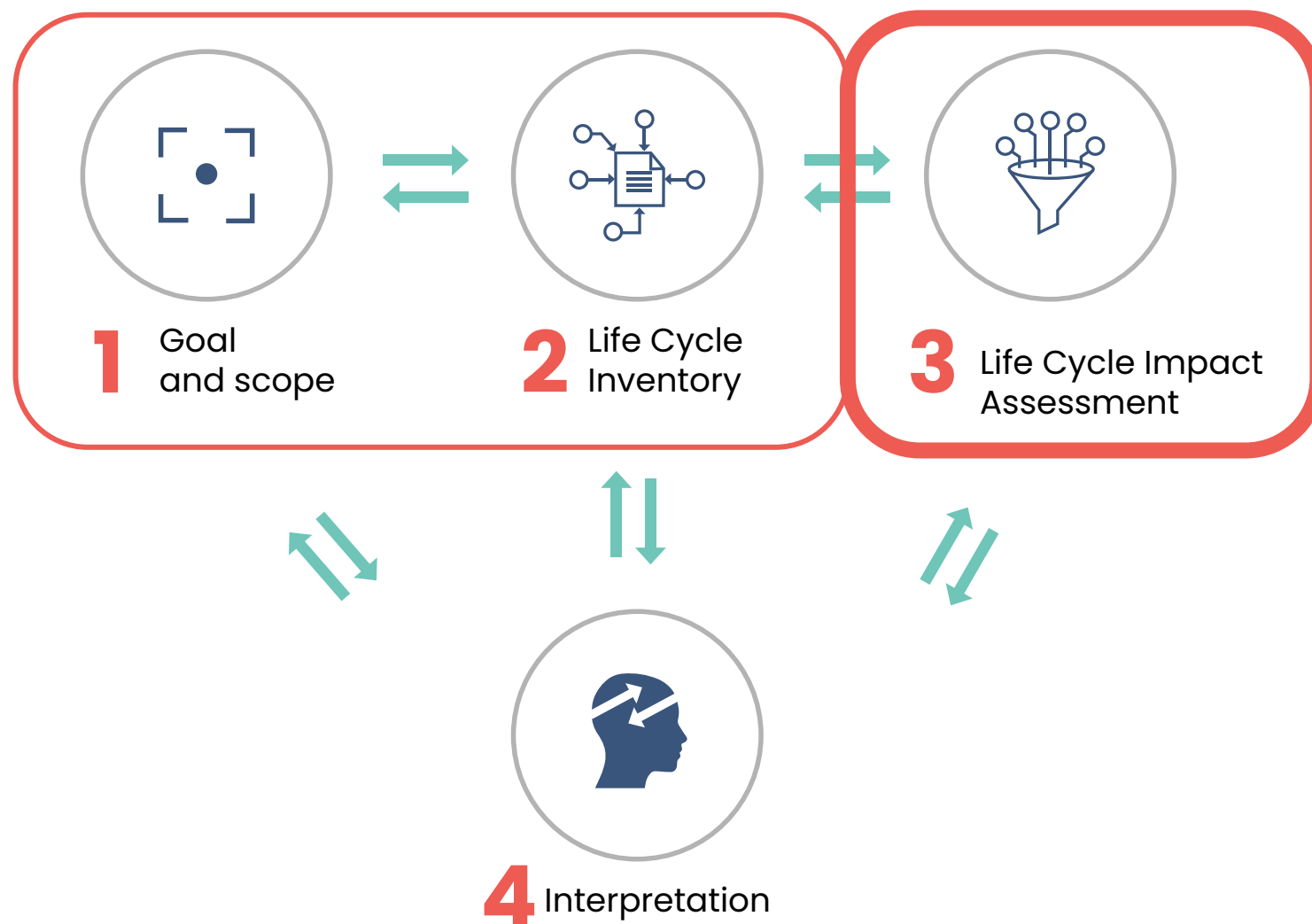
What happens to the product when its useful life ends.



# LCA METHODOLOGY

## THE METHODOLOGY

LCA analysis must be conducted in **4 phases**:



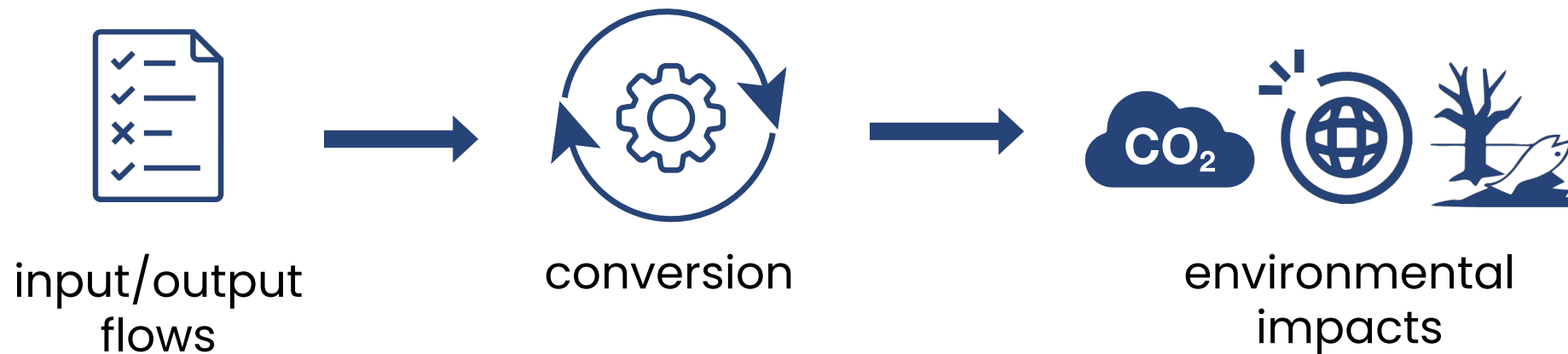


# LCA METHODOLOGY



## IMPACT ASSESSMENT

Here data are modeled with specific software and databases, that allow to convert these input/output flows into **environmental impacts**



# LCA METHODOLOGY



## IMPACT ASSESSMENT

In order to evaluate the ENVIRONMENTAL IMPACTS, we need to use ENVIRONMENTAL INDICATORS:

# LCA METHODOLOGY



## IMPACT ASSESSMENT

In order to evaluate the ENVIRONMENTAL IMPACTS, we need to use ENVIRONMENTAL INDICATORS:

**GWP**

Global Warming  
Potential

**AP**

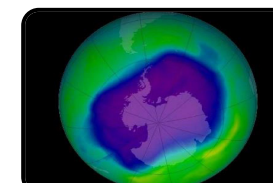
Acidification  
Potential

**ADP**

Abiotic Depletion  
Potential

**ADP (fossil)**

Abiotic Depletion  
Potential Fossil Fuels

**ODP**

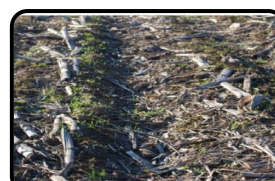
Ozone Depletion  
Potential

**POCP**

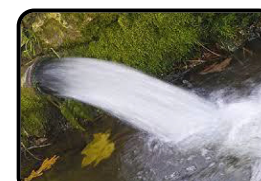
Photochemical  
Oxidation Potential

**EP**

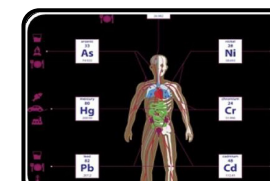
Eutrophication  
Potential

**TETP**

Terrestrial  
Ecotoxicity Potential

**FAETP**

Freshwater Aquatic  
Ecotoxicity Potential

**HTTP**

Human Toxicity Potential  
Carcinogenic Pollutants

# LCA METHODOLOGY



## IMPACT ASSESSMENT

In order to evaluate the ENVIRONMENTAL IMPACTS, we need to use ENVIRONMENTAL INDICATORS:



kg CO<sub>2</sub>  
eq.

### GWP

Global Warming  
Potential



### AP

Acidification  
Potential



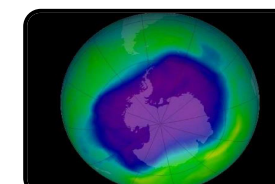
### ADP

Abiotic Depletion  
Potential



### ADP (fossil)

Abiotic Depletion  
Potential Fossil Fuels



### ODP

Ozone Depletion  
Potential

kg  
1,4-DC  
B



kg SO<sub>2</sub>  
eq.

### POCP

Photochemical  
Oxidation Potential



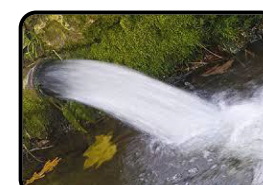
### EP

Eutrophication  
Potential



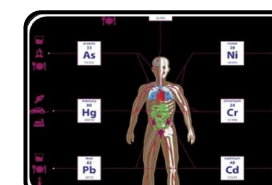
### TETP

Terrestrial  
Ecotoxicity Potential



### FAETP

Freshwater Aquatic  
Ecotoxicity Potential



### HTTP

Human Toxicity Potential  
Carcinogenic Pollutants

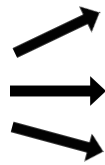
# LCA METHODOLOGY



## IMPACT ASSESSMENT

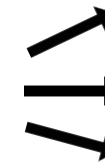
### INVENTORY ANALYSIS

- Input flows
- Output flows
- Emissions



### MID-POINT:

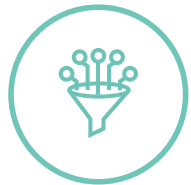
- Global Warming Potential
- Acidification Potential
- Abiotic Depletion Potential
- Abiotic Depletion Potential fossil fuels
- Ozone Depletion Potential
- Photochemical Oxidation Potential
- Eutrophication Potential
- Terrestrial Ecotoxicity Potential
- Freshwater Aquatic Ecotoxicity Potential
- Human Toxicity Potential
- Marine Aquatic Ecotoxicity Potential



### END-POINT:

- Health
- Resources
- Ecosystem quality

# LCA METHODOLOGY

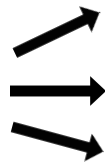


## IMPACT ASSESSMENT

### INVENTORY ANALYSIS

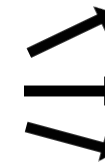
- Input flows
- Output flows
- Emissions

Characterisation  
Factors  
e.g. kg CO<sub>2</sub> eq./kg flow



### MID-POINT:

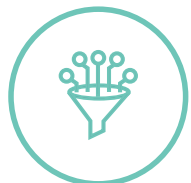
- Global Warming Potential
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### END-POINT:

- Health
- Resources
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# LCA METHODOLOGY



## IMPACT ASSESSMENT

Input data flows are converted into impact category values by means of **Characterisation Factors (CF)**

Flow	CF in EF3.0	CF in EF3.1
Emission of "Carbon dioxide (biogenic)" to air	0	0
Emission of "Carbon dioxide (fossil)" to air	1	1
Emission of "Carbon dioxide (land use change) " to air	1	1
Emission of "Methane (biogenic)" to air	34	27
Emission of "Methane (fossil)" to air	36.8	29.8
Emission of "Methane (land use change)" to air	36.8	29.8
Resource "Carbon dioxide (biogenic)" from air	0	0
Resource "Carbon dioxide (fossil)" from air	0	0
Resource "Carbon dioxide (land use change)" from air	-1	-1

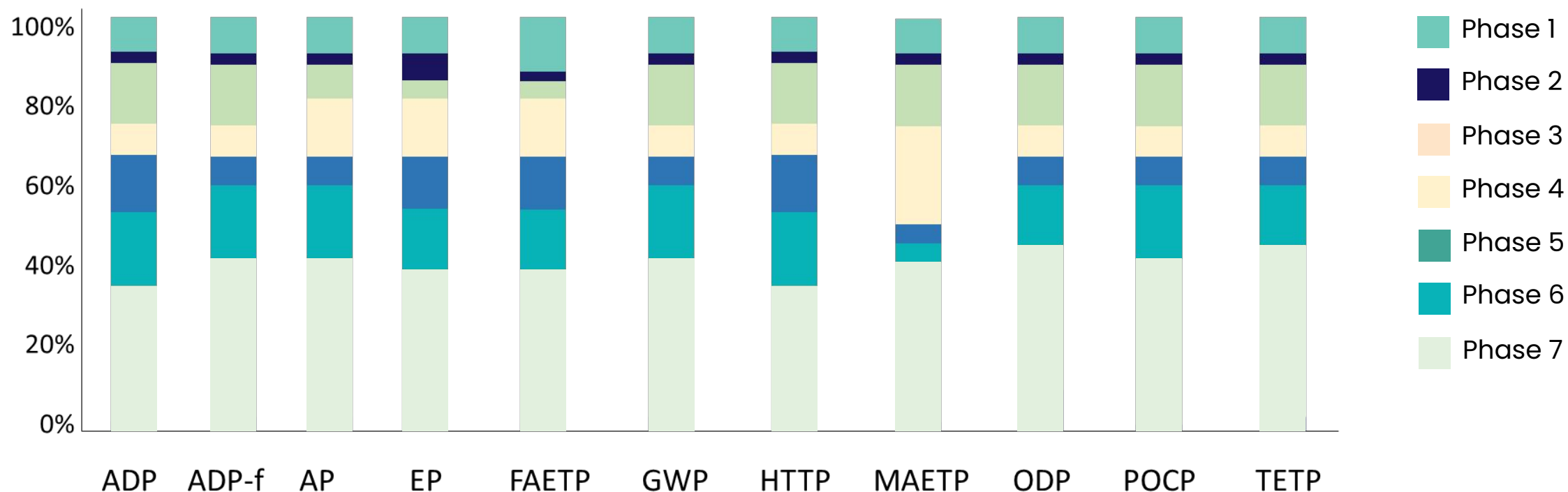
Source: JRC analysis.

# LCA METHODOLOGY



## IMPACT ASSESSMENT

Breakdown of the impacts for each process Phase or life cycle phase.





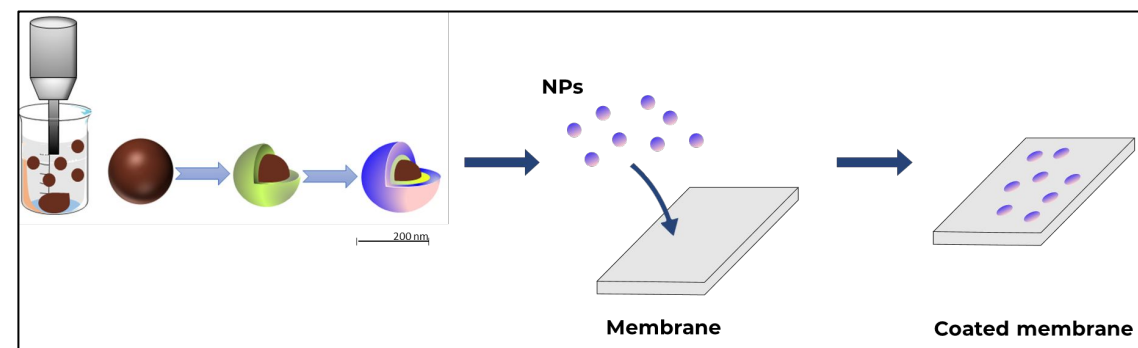
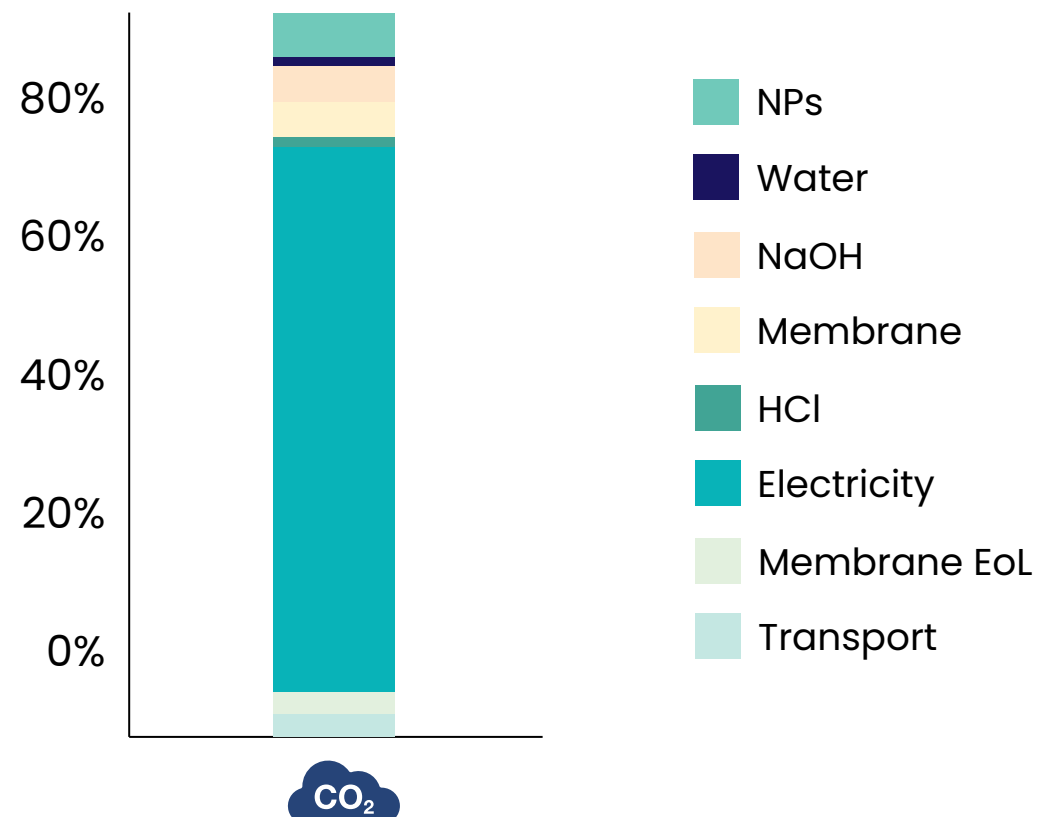
# LCA METHODOLOGY



## IMPACT ASSESSMENT

Breakdown of the impacts for each material or input/output flows.

100%

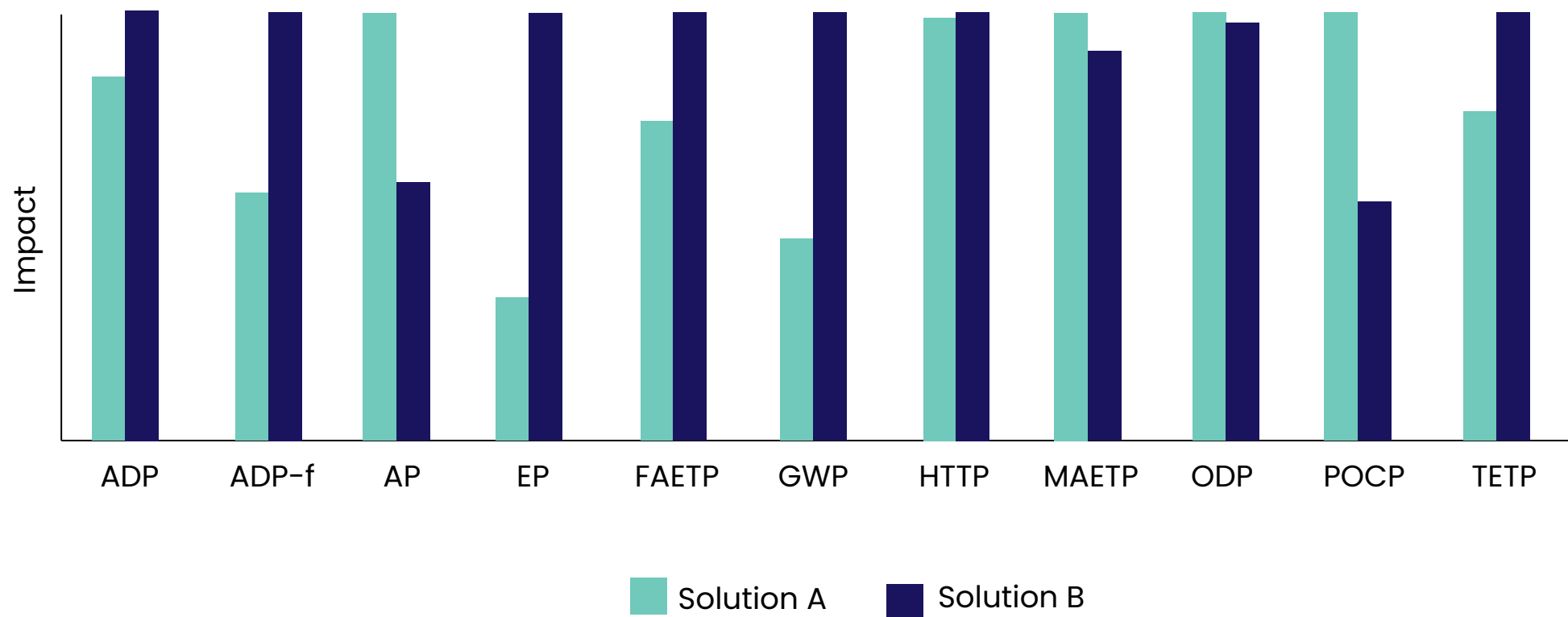


# LCA METHODOLOGY



## IMPACT ASSESSMENT

Make comparison.



# LCA METHODOLOGY



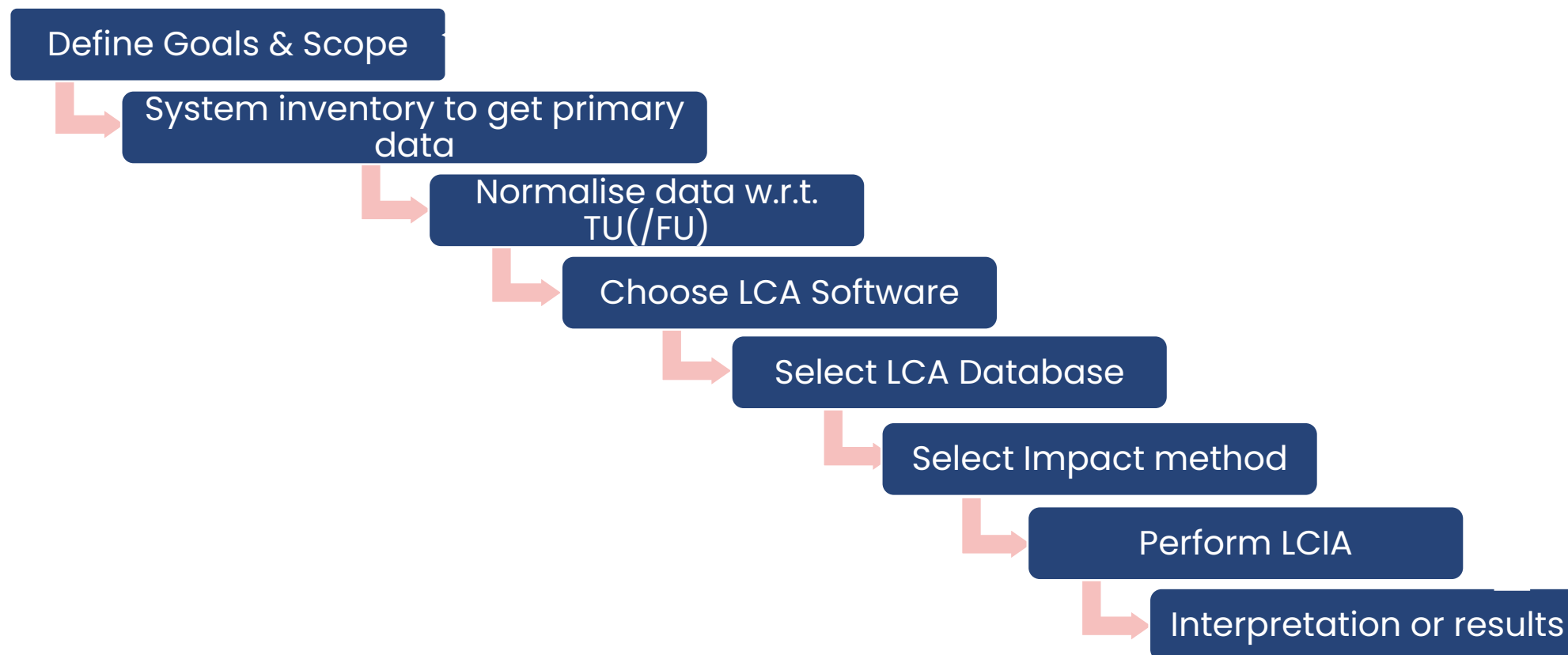
## INTERPRETATION

This step must include:

- Evaluation of the impacts
- Interpretation of the results
- Sensitivity or uncertainty analyses

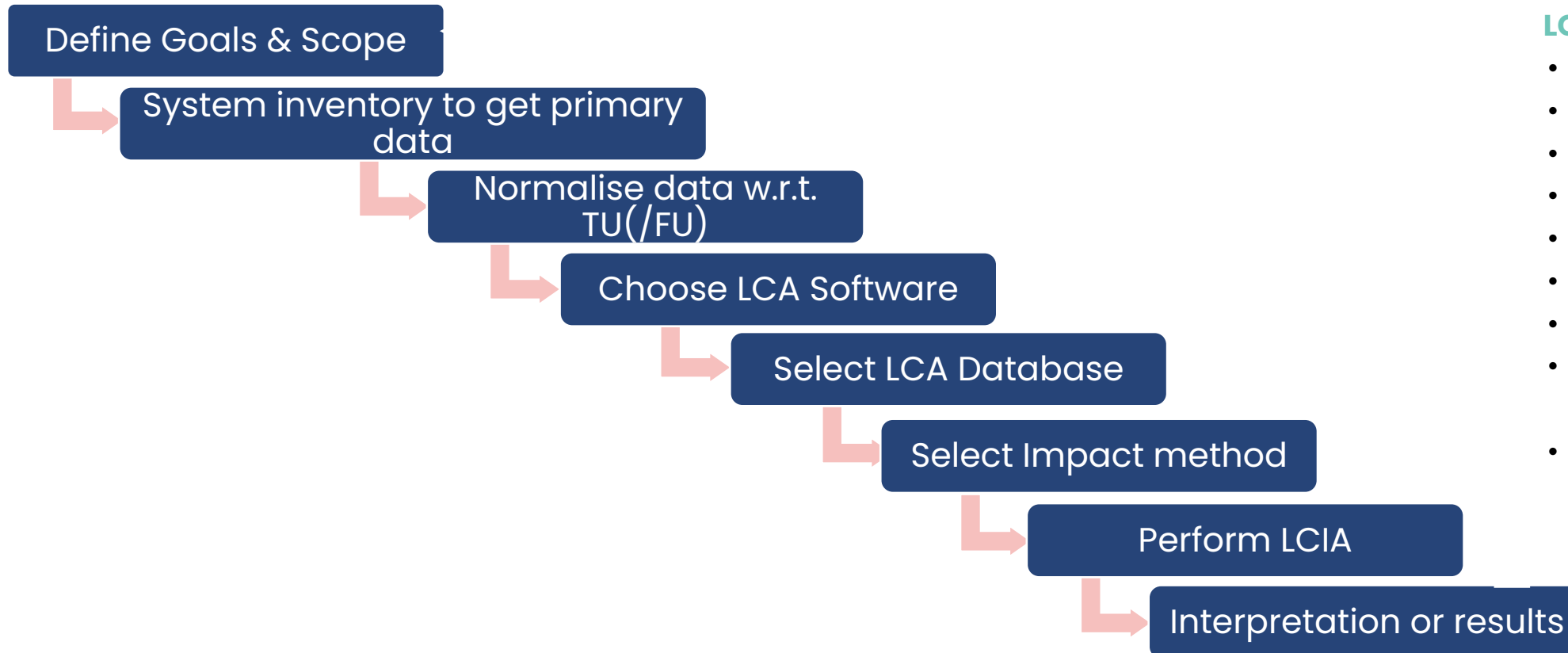
# LCA METHODOLOGY

## How to & Workflow



# LCA METHODOLOGY

## How to & Workflow

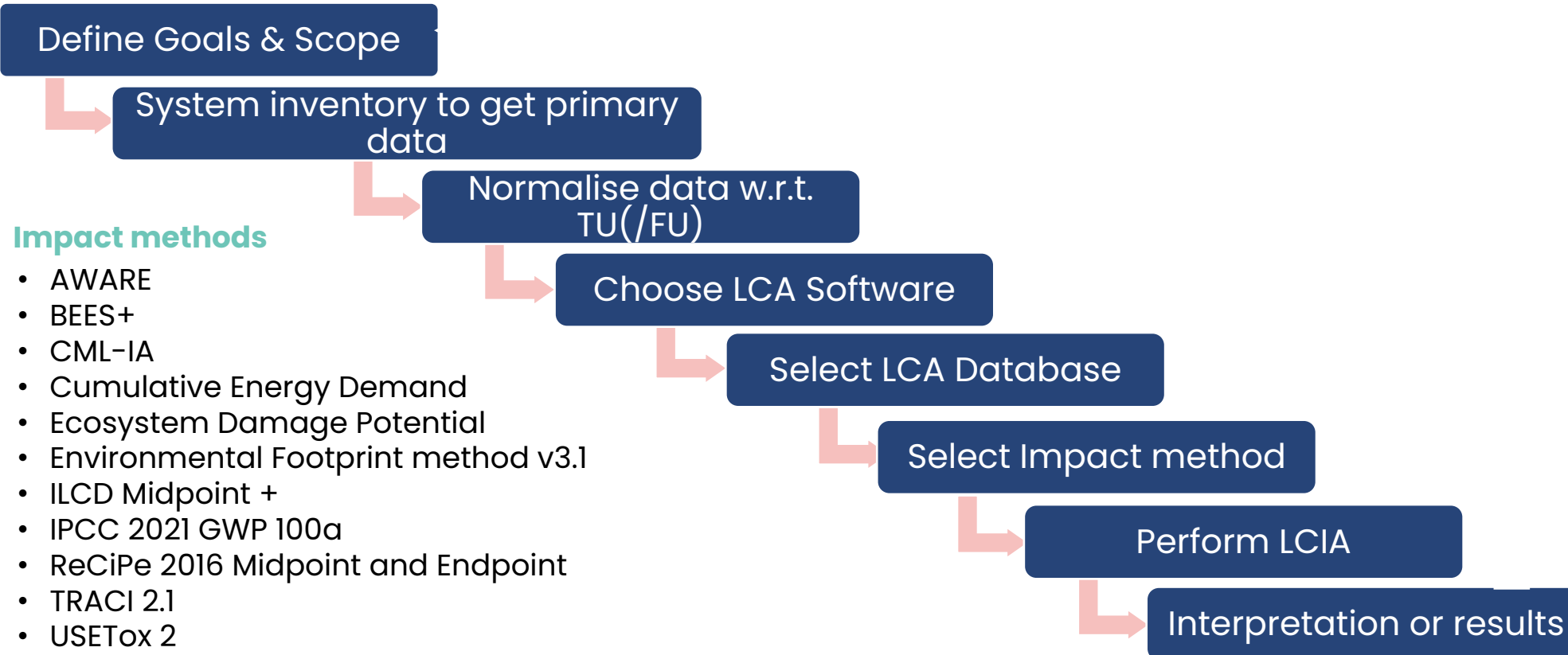


### LCA Databases

- Ecoinvent
- Simapro database
- Gabi
- EF 3.1
- The Bousted Model
- IVAM LCA
- SALCA (Agro)
- US Life Cycle Inventory Database
- ...

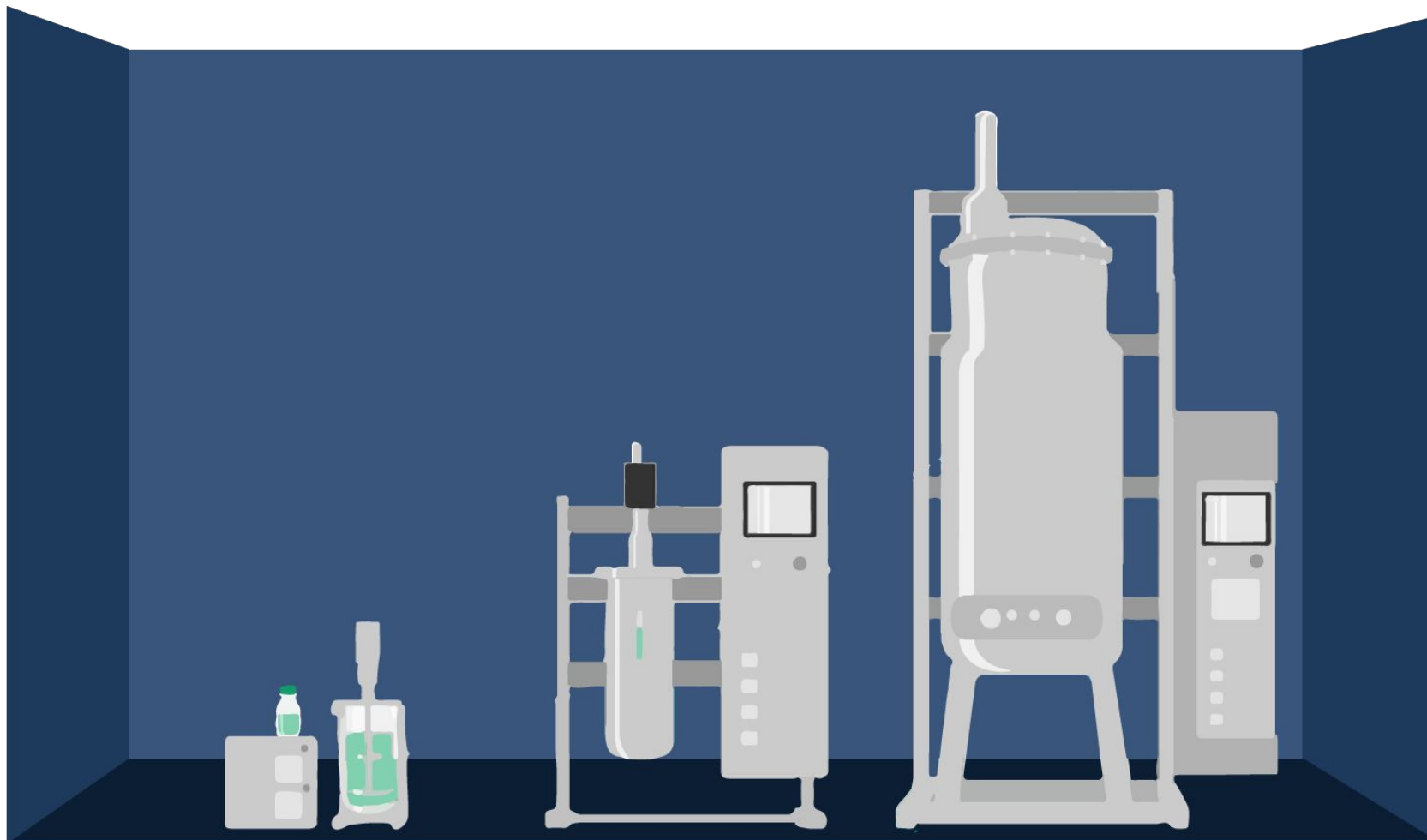
# LCA METHODOLOGY

## How to & Workflow



# ADDITIONAL KEY CONCEPT

## Laboratory vs. pilot scale vs. industrial scale process

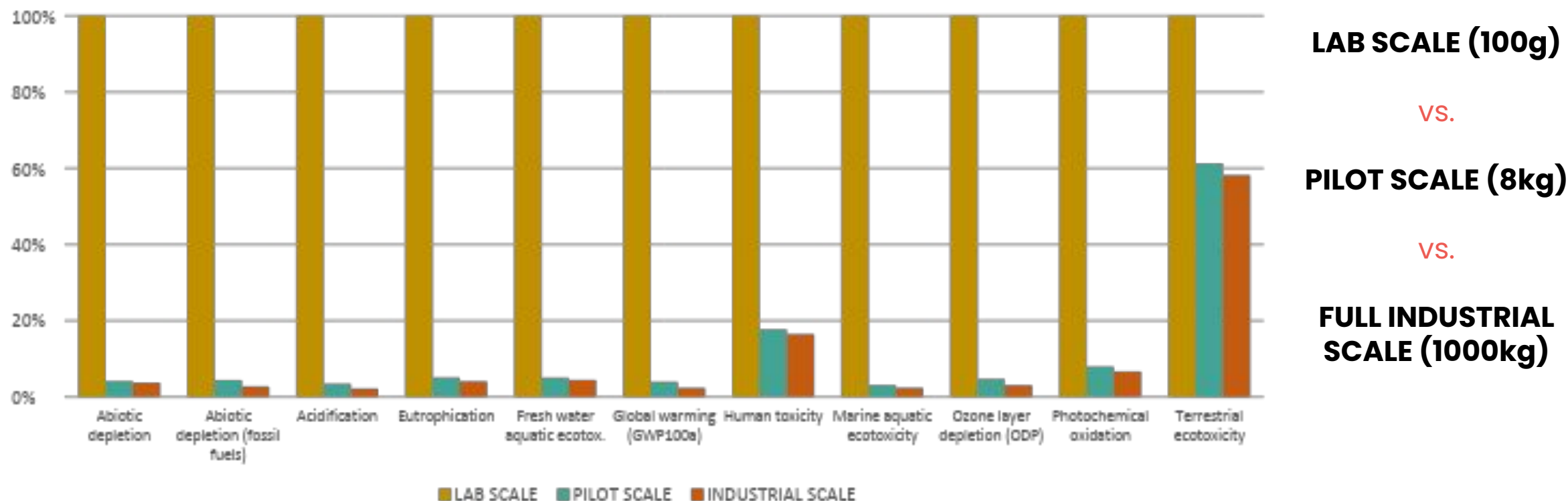


# ADDITIONAL KEY CONCEPT

## Laboratory vs. pilot scale vs. industrial scale process

### Expected Environmental Performance achievement by Scaling up a process

Results for antiaging cream with Coenzyme Q10 and Vitamin E: NMs synthesis & incorporation





# TAKE HOME MESSAGE

**In more detail LCA allows to:**

- ✔ Increase knowledge of a product/process's **environmental impacts** throughout its life cycle, identifying priorities for action

# TAKE HOME MESSAGE

## In more detail LCA allows to:

- ✔ Increase knowledge of a product/process's **environmental impacts** throughout its life cycle, identifying priorities for action
- ✔ Obtain an **eco-design tool** for comparing 2 or more (functionally equivalent) solutions

# TAKE HOME MESSAGE

## In more detail LCA allows to:

- ✓ Increase knowledge of a product/process's **environmental impacts** throughout its life cycle, identifying priorities for action
- ✓ Obtain an **eco-design tool** for comparing 2 or more (functionally equivalent) solutions
- ✓ **Communicate** the environmental progress of products/process and promote responsible consumption



Market application



Decision makers

# THE “SSBD HUB” PLATFORM

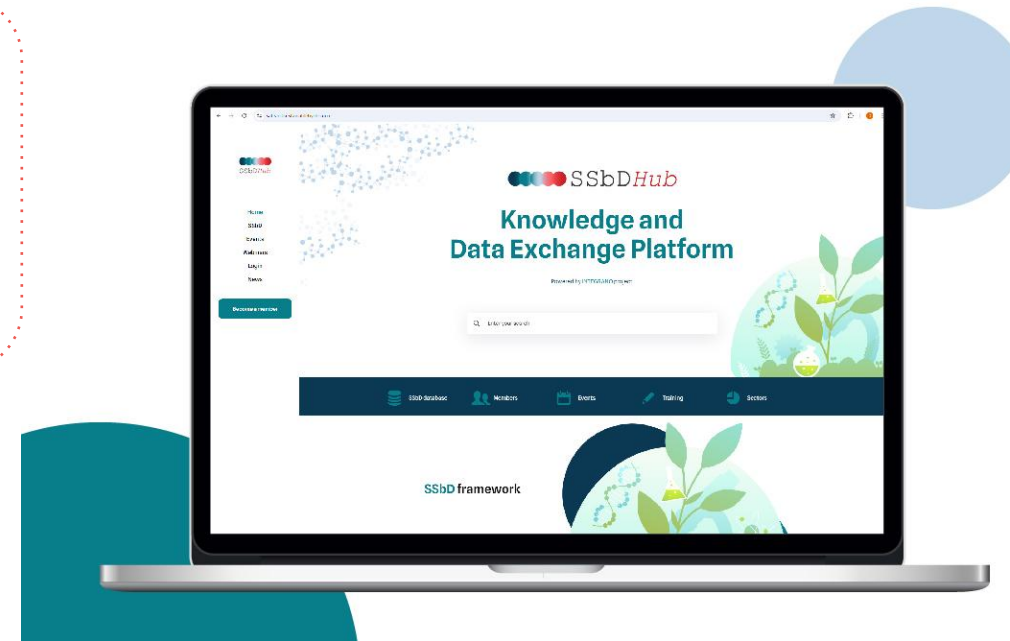
Since July 2024 the platform is **online!** SSbD Hub serves as an **interactive** website and is the main tool for communicating on **project initiatives**.



## Free contents:

- Webinars
- Workshops
- Literature

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